

October is Cyber Security Awareness Month

Update the operating system on your computer and cellphone to the newest version for necessary security updates.

- Keep your anti-virus software up to date.



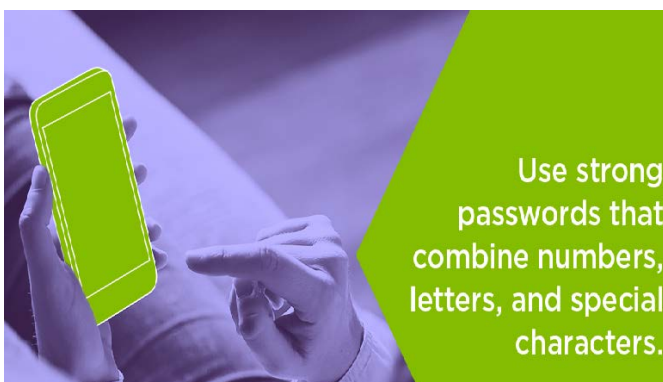
Shop on secure sites that have the lock icon or websites that start with **https://** in the url.

- Did you know? The “s” stands for “secure.”



Choose strong, unique passwords. Longer passwords are harder to crack. Using different passwords across your accounts helps you isolate a security breach if one website or service is compromised.

- 1 in 2 Canadians use the same password for multiple accounts.



Turn off Wi-Fi when not in use and only connect to Wi-Fi networks that you know.

- Criminals can create fake Wi-Fi networks that look legitimate but steal your information once you connect.

Disable auto-fill features that save your username and password. Although it's convenient, the loss of your device could leave you vulnerable on all affected websites.

- 1 in 3 people allow browsers to remember their passwords.



Strong privacy settings keep cyber criminals from using your personal information to steal your identity and commit other crimes.

- 36% of teens have fully or partially public profiles on social media.



Watch out for emails and texts that look legitimate, but are scams.

- Don't take chances! When in doubt, get in touch with the company directly by looking up their phone number or going into their office.

